Mapping the heartbeat of life.

"mapping the heartbeat of life " connects with readers because it's a deeply personal exploration of universal experiences. The book delves into themes of love, loss, and resilience, which are experiences that touch everyone's lives. Readers find connection in the author's honest reflections on life complexities, which help them feel seen and understood.

I'm a first-time author who was that guy in the friend group 'writing a book' for years. Two years ago, I was telling people it was 'almost done.' If only I knew.

I struggled to navigate the KDP process, from formatting and cover design to marketing and attracting those initial readers. At the start of this year, I decided to put everything into finishing and publishing the book through Amazon KDP. A huge part of that meant diving deep into Amazon's resources, learning from other self-publishers' experiences (especially through online forums and communities), and experimenting with KDP tools.

I finally released my book on February 28th through KDP. Sales have been modest, but my genre is niche enough that I woke up today to my book being a '#1 New Release' in its category on Amazon! I'm far from a 'successful author,' but I did successfully self-publish on KDP